
to drink

hot

espresso, long black	4.2 / 5.2
white coffee	4.2 / 4.7
soy, oat, or lactose free	0.5
almond	0.5 / 0.8
teas & herbals	
breakfast / earl grey / sencha green / chamomile / peppermint / ginger lemongrass	4.5
hot chocolate	4.2
chai by RealChai	5.0

cold

iced latte / iced long black	4.3
cold brew	4.5
kombucha, house brewed	6.5
orange juice, cold pressed	8.0
smoothies	
- banana, dark choc, spinach, coconut yoghurt, maple syrup	9.0
- mixed berry, agave, chia seeds, coconut yoghurt add protein powder +1.0	9.0
milk shakes house made flavours	4.5 sm
- chocolate / mixed berry / caramel / vanilla	7.5 lg
soft drink by karma cola	
- cola / lemon lime & bitters / gingerella / lemonade	4.5
beloka sparkling mineral water 500ml	5.0

to eat - all day

seeds & grains porridge, maple soaked fruit, apple, cinnamon, honeycomb, cultured butter (v)(vo)	13.5
coconut bircher muesli, mango lychee, passionfruit, yoghurt mousse (v)(vo)	15.5
croque monsieur:	
- jamon, three cheeses, green tomato & apple jam.	16.5
- mushroom, parmesan, rocket, tomato ketchup	15.5
- add fried egg +3.0	
pork & veal meatball sandwich, parmesan, pickled onion, cos & rocket, ranch dressing, milk bun	16.5
chimichurri scrambled eggs, black pudding, pumpkin, jalapenos, soubise, brioche (v)(gf) add hand cut bacon or avocado +5.0	18.5
kimchi, mushroom & potato pancake, pickled cabbage, smoked apple mayo, water spinach, fried egg (v) add apple glazed bacon +3.5	18.5
sand flathead tails, toasted rice, green-tea soba, nashi, spring onion, shiso dressing	22.5
hand made potato gnocchi - seasonal	22.5
grass fed gippsland wagyu hangar, roasted eggplant, charred onion, smoked yoghurt	25.0

the basics

toasted sourdough / multigrain / fruit loaf / + choice of preserves, marmalade, vegemite, peanut butter, honey	8.0
free range eggs on toast	9.5

all day sides

hand-cut bacon / half avocado / whipped goat's cheese / chinese water spinach + lemon & sesame / roasted mushrooms + almond crumb	5.0 ea
	4.5 ea
	3.0 ea

littl'uns

boiled free range egg & soldiers (gf)	6.5
kids pancakes. double stack, banana & real maple syrup	7.0
mini porridge (gf)	6.5
handmade gnocchi with butter & parmesan	7.0

(v) vegetarian on request
(gf) gluten free on request
(vo) vegan on request

CUSTODIAN
